**Title Page**

Author names (one full given name, second name, initials with full stop and without blank)

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Running head (max. 10 words)

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**Abstract**

**Objectives:**

**Methods:**

**Results:**

**Conclusions:**

**Keywords** (3-6 keywords): XXX; XXX; XXX

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Plain text

**OR**

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**Materials and methods**

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**Discussion**

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Comment on:

* Key findings
* Comparison with and discussion of similar research
* Explanation of the results
* Impact and measures to be taken.
* Strengths and limitations

**Conclusions**

**References**

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Table

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