**Title Page**

Author names (one full given name, second name, initials with full stop and without blank)

**Title**

Author affiliations (department, institution, city, (if applicable, state abbreviated), country)

Corresponding author: Full postal address and email address

Running head (max. 10 words)

Word count (max. 3500)

Number of Tables and Figures (max. 4)

Number of Video(s) (recommended not more than 2)

Number of Supplementary Material/Supplementary Tables/Figures (no limit)

Contribution(s) as first, last, senior author (if applicable)

* [Full name author A] and [full name author B] contributed equally to this work.
* [Full name author A] and [full name author B] contributed equally to this work and share first authorship.
* [Full name author A] and [full name author B] share senior authorship.
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**Abstract**

Plain text (unstructured)

**OR**

Structured

**Background:**

**Content:**

**Summary:**

**Outlook:**

**Keywords** (3-6 keywords): XXX; XXX; XXX

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**Introduction**

Plain text

**OR**

Subheadings (if applicable): Use different sizes or colors for subheadings of different hierarchies.

**Main text**

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**Section heading 1**

**Section heading 2**

**Section heading 3**

**Section heading 4**

**Conclusions**

(If applicable)

**References**

max. 40

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**Figures and Tables & Legends**

max. 4

**Figure 1:** XXXXX (title).

In case of multi-part figures, provide a main caption and part figure captions with capital letters in parentheses referring to the same capital letters in the part figures.

**Figure 1:** XXXXX (title). (A) XXXXX. (B) XXXXX.

**Table 1:** Title.

Table

Footnote (if applicable).

**Supplementary Material**

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**Footnote**

(If applicable)